

Have your cycles changed since they began? Yes No

How?

Do you ovulate on your own? Yes No

On what day of your cycle?

Do your breasts get tender at/during ovulation? Yes No

Do you get premenstrual low back pain? Yes No

Do your bowel movements become loose at the beginning of you period? Yes No

Have you had fertility treatments? Yes No

If yes, when and where?

By whom?

What types?

Have you taken medication to help you ovulate? Yes No

When?

How long?

Have your fallopian tubes been evaluated medically? Yes No

What were the results?

Have you had any tubal operations? Yes No

Have you had any hormone laboratory tests performed? Yes No

What were the results?

Do you have a single partner with whom you have been trying to conceive? Yes No

How long have you been married or living together?

Has he had a fertility workup? Yes No

What were the results?

Is your partner supportive of your wish to conceive? Yes No

Have you taken oral contraceptives? Yes No

When?

How long?

Have you ever had an IUD? Yes No

When?

How long?

Have you ever taken DepoProvera? Yes No

When?

How long?

How long have you been trying to conceive?

Have you had a diagnosis relating to infertility? Yes No

What was it?

How is your sexual energy?

Do you douche regularly? Yes No

With what?

Do you use vaginal lubricants? Yes No

Are you more than 20% over your ideal body weight? Yes No

Are you more than 20% below your ideal body weight? Yes No

Do you have a stressful occupation? Yes No

Do you exercise regularly? Yes No

Do you have excessive facial hair? Yes No

Do you have excessively oily skin? Yes No

Have you experienced excessive loss of head hair? Yes No

Have you noticed discharge from your nipples? Yes No

Was your mother exposed to diethylstilbestrol (DES) when she was pregnant with you? Yes No

Have you been exposed to any known environmental toxins or hormones? Yes No

Are you presently taking steroids? Yes No

COMMENTS/NOTES